

# Eastbury House

[www.eastburyhouse.co.uk](http://www.eastburyhouse.co.uk), 01935 812132

Dear friends of Eastbury House,

Welcome to our Spring newsletter!

As we head into summer we are enjoying tea and even lunch in the garden. We've enjoyed lots of walks and even a picnic lunch.

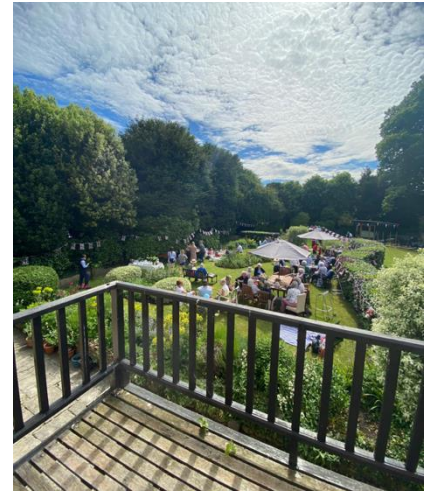
If you have anything to be included, please let me know.

Warmest regards, Stacey

## Update

We are glad to finally be in our newly fitted kitchen, although we are still at present unable to use the oven due to an issue with the extraction. We are awaiting a report on this from the gas engineer. Liz and Amy with the support of Laura and our amazing team have been incredible at coping for so long from the quiet room, and have still provided us with 3 course, home-cooked meals as much as possible (we have bought the occasional dessert and enjoyed a fish and chip supper or two!)

The quiet room is having a new carpet fitted on the 13/14<sup>th</sup> June and I'm sure everyone will be glad to see this lovely room back to it's normal use. This will give more space for visitors and activities, although we will also still keep the chairs in the dining room corner window and the upstairs quiet room for resident and visitor use.



## Upcoming Events

Pots and hanging baskets

Lunch/tea in the garden

Trips to Castle Gardens,  
Udder Farm & Story Pig

Supper @ Hunters Moon  
& The Rajpoot

Charity Walk

Staff Well-being week

Trip to Abbotsbury  
Swannery

## Covid-19 Update

Testing is no longer mandated but we ask staff to test if they suspect they have Covid in order to protect our residents.

Masks are no longer required, unless you have an infection or are feeling unwell.

## More News

### Outside

We have lots of different vegetables now growing in the patch at the bottom of the garden. Hopefully we will soon see some on our plates at lunchtime! We are also planning an afternoon tea party for later in the summer....watch this space!

### Real or Not Real....UK Place Names

We recently trialled a new game suggested by Mrs Sidwell, Real or Not UK Place Names. Mrs Sidwell gave us Buttermere to start with and we also had Donkey Town, lots of different vegetables now growing in the patch at the bottom of the garden. Hopefully we will soon see some on our plates at lunchtime!

### Charity Walk

Sally, Stacey and Tilly are completing a 26.2 mile walk on the 17<sup>th</sup> July to raise money for Dementia Research UK and towards technology for dementia activities at Eastbury House. Some residents and other staff are joining at 11am to walk from Eastbury House to Castle Gardens where the residents will stop for a coffee before they return to Eastbury House.

If you would like to support their efforts please see them in person or use the link below -  
<https://www.justgiving.com/crowdfunding/stacey-sally-tilly>

### Lastly.....

We are still on the hunt for someone to lead a singing class or choir – sadly our previous teacher has now moved out of the area. If anyone knows of someone who may be able to help, please let me know.



### What we've been up to.....

#### Jazz Nights

Residents and staff have been enjoying trips to the Jazz nights at Cheap Street church, organised by Raymond Wood. We have spaces booked in advance, in prime position and even free tickets for residents & accompanying carers. The next evening session is on the 23<sup>rd</sup> June. If you would like more details, please call or ask a member of staff.

#### Yoga

We now have a yoga class every other Tuesday morning, which has been very well-attended. We are therefore looking to extend this to make it a weekly class.